

Holistic Care Beyond the Four Walls of the Clinic



Meet Kindbody360

We believe that everyone deserves dynamic and integrative healthcare. Our care continuum provides holistic support throughout every phase of the family-building journey and beyond. This includes general wellness, support for those trying to conceive, pre and postpartum care, menopause support, and more. Our robust network of providers offer care both in-clinic and virtually.

Support that Goes Beyond the Treatment Plan

Supporting your emotional, mental, and physical health is an essential part of your journey at Kindbody. Our goal is to provide the best possible full-spectrum fertility and family-building care every step of the way.

- Comprehensive care that provides holistic support from pre to postpartum
- High-quality holistic providers, coaches, and therapists carefully curated for your workforce
- Seamless online scheduling with virtual and in-clinic access

Integrative Dynamic Care

- Trying to conceive
- Surrogacy, donor, and adoption
- Postpartum support
- Mental health support
- Mindfulness and Eastern medicine
- Men's health
- Pregnancy care
- Menopause care
- Wellness and nutrition
- Somatic (movement) therapy

How to Get Started with Kindbody

- 1** Visit kindbody.com/activate and create a Kindbody account using your first name and last name as it appears in your employer's system and any email address
- 2** Confirm eligibility by entering your Access Code **KINDCSVEBA** and your Unique User ID as follows:
 - *Employee*: First Name + Last Name + -E + last four digit of your social security number (Example: JaneDoe-E1234)
 - *Spouse/domestic partner*: First Name + Last Name + -D + last four digit of the spouse/domestic partner's social security number (Example: JonDoe-D5678)
- 3** Book a consult and **start your Kindbody journey**

Employees and spouses/partners who are enrolled on the California Schools VEBA-sponsored Cigna, UHC, UMR or SIMNSA plans are eligible for the Kindbody benefit.

For more information, or if you have any questions, email

employeebenefits@kindbody.com

1:1 Concierge Support 855-950-2053 x Option 3 | kindbody.com/activate