



**Mesa College Title IX  
Intercollegiate Sports Survey  
*Fall 2019***

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Office of Institutional Research and Planning  
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## **Background**

The San Diego Community College District (SDCCD) Title IX Intercollegiate Sports Survey was conducted in accordance with the Title IX Equal Opportunity in Education Act to determine students' level of interest in intercollegiate athletics and whether the colleges are fulfilling the expressed demand of their students for opportunities to participate in sports. The survey was administered during the Fall 2019 semester through an online survey platform to all full-time students (enrolled in a minimum of 12 units) at Mesa College.

The survey targeted full-time students who meet the athletic eligibility criteria, according to the Commission on Athletics/California Community College Athletic Association Constitution and Bylaws:

**1.3 ACADEMIC ELIGIBILITY**

**1.3.1** *In order to be eligible for non-conference, conference, and post conference competition, a student athlete must be continuously and actively enrolled and attending class in a minimum of 12 units at his/her California community college during the season of sport. Students dropping below 12 units are not eligible for competition until they are once again actively enrolled and attending class in at least 12 units.*

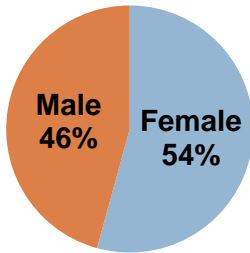
The survey was open for two weeks, from October 8, 2019 through October 23, 2019. Of the 5,930 Mesa College full-time students invited, 457 completed the survey, or an 8% response rate.

| <b>Mesa College Response Rate</b> |           |
|-----------------------------------|-----------|
| Responses                         | 457       |
| Invitations                       | 5,930     |
| <b>Response Rate</b>              | <b>8%</b> |

The survey instrument contained 7 questions (6 multiple choice, 1 open-ended question) about student characteristics, athletic participation, and interest in competing in sports at Mesa College. The survey also provided fields for respondents to include their contact information if they are interested in competing in a sport at Mesa. Most respondents spent about one minute to complete the survey. Students were instructed to access the survey directly from a URL link in a survey invitation. In an effort to maximize student response, two reminder emails were sent prior to the end of data collection.

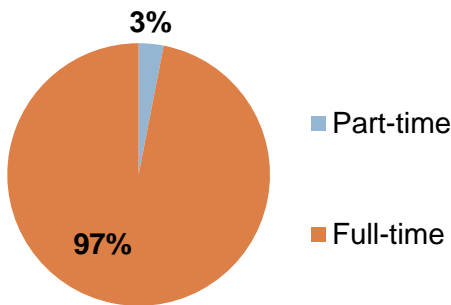
## Respondent Demographics (n=457)

### Gender



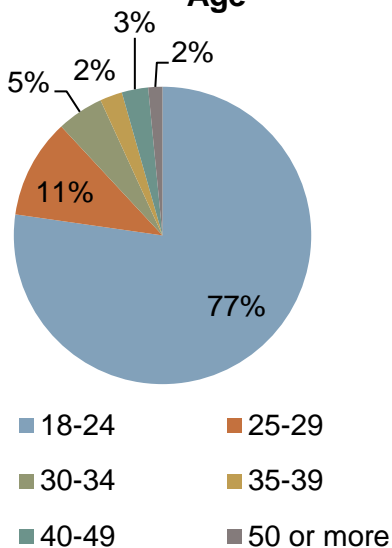
Survey respondents were 54% female (n=248) and 46% male (n=209). Survey respondents were reflective of the Mesa College student population (the Mesa College student population is 54% female and 46% male<sup>1</sup>).

### Enrollment Status



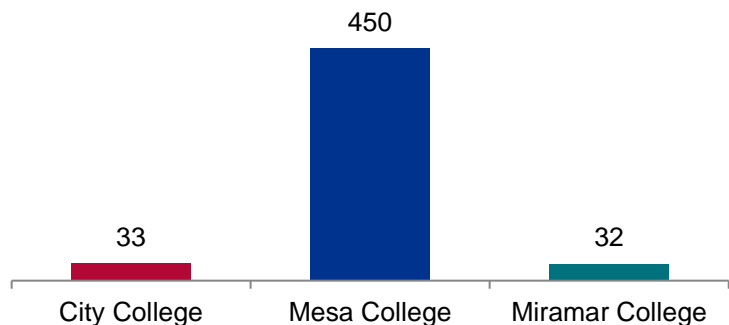
Although only full-time students were emailed invitations to participate in the survey, 3% of respondents (n=14) classified themselves as part-time, which may reflect that students withdrew from classes after the survey distribution list was created. It is also possible that some students indicated they were part-time because, even though they are taking 12 units or more this semester at SDCCD, they do not take more than 12 units at one campus.

### Age



Over three-quarters of respondents were between the ages of 18 and 24 (77%, n=350). 11% of respondents were between the ages of 25 and 29 (n=49), and the remaining 12% of respondents were 30 or older.

### Which college(s) are you attending? (Check all that apply)



<sup>1</sup> SDCCD Information System

## Intercollegiate Sports Participation

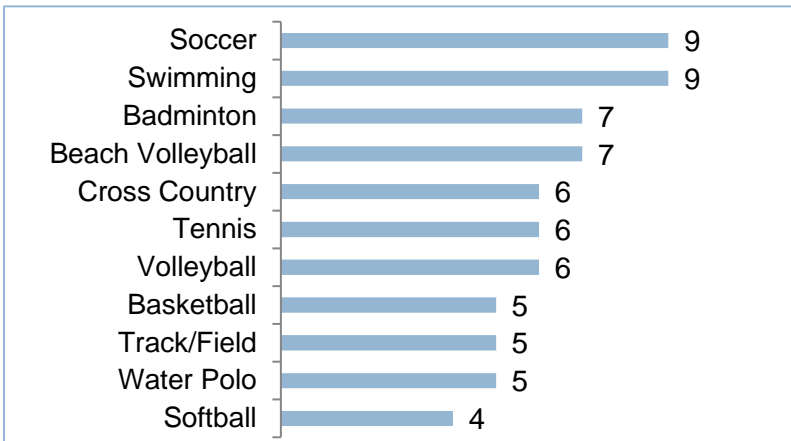
To assess the athletic participation rates within this sample, respondents were asked to indicate all of the intercollegiate sports that they currently participate in, or had previously participated in, at any of the colleges in the San Diego Community College District. Respondents were directed to separate lists of sports that corresponded to their gender (Table 1).

**Table 1. Athletic Programs by Gender**

| <u><i>Female Sports</i></u> |          |             | <u><i>Male Sports</i></u> |             |            |
|-----------------------------|----------|-------------|---------------------------|-------------|------------|
| Badminton                   | Soccer   | Track/Field | Baseball                  | Soccer      | Volleyball |
| Basketball                  | Softball | Volleyball  | Basketball                | Swimming    | Water Polo |
| Beach Volleyball            | Swimming | Water Polo  | Cross Country             | Tennis      |            |
| Cross Country               | Tennis   |             | Football                  | Track/Field |            |

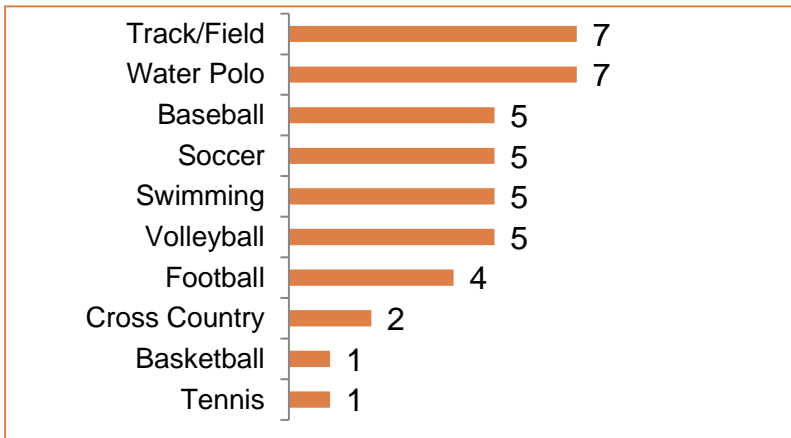
### Female Respondents' Athletic Participation

When female students were asked which sports they already participate in at the colleges, if any, the most common responses were soccer (n=9), swimming (n=9), badminton (n=7), and beach volleyball (n=7).



### Male Respondents' Athletic Participation

When male students were asked which sports they already participate in at the colleges, if any, the most common responses were track and field (n=7), water polo (n=7), baseball, soccer, swimming, and volleyball (all n=5).



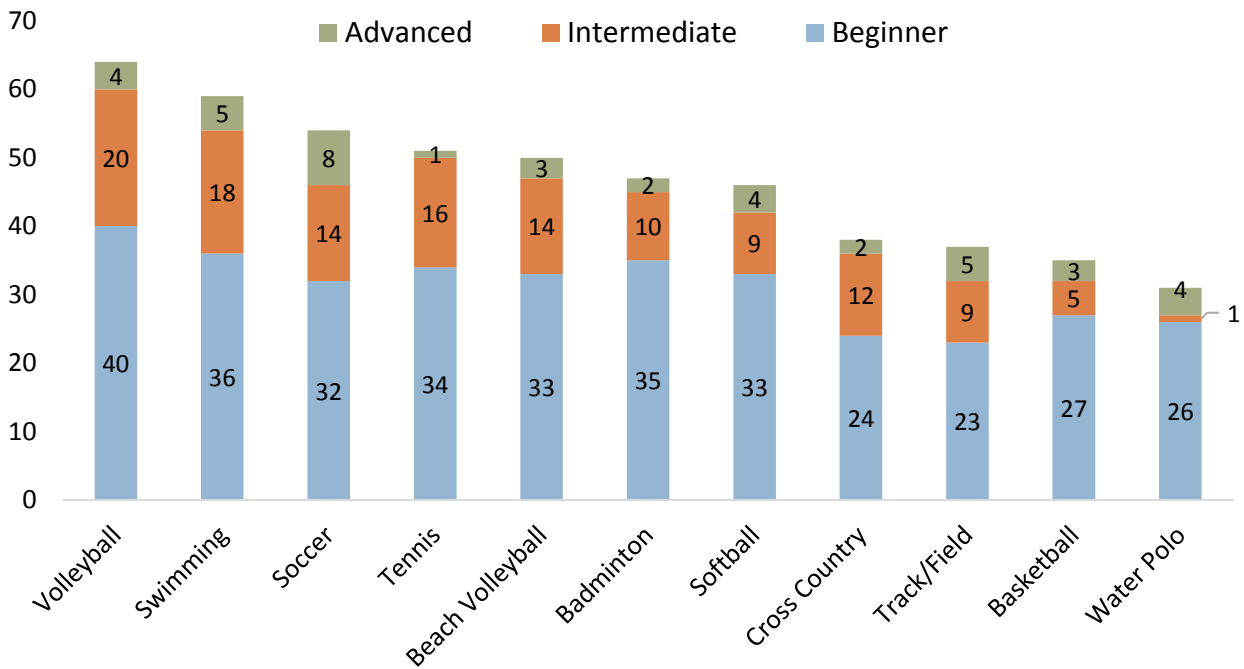
## Respondents' Interest in Intercollegiate Athletics

### Female Students' Responses

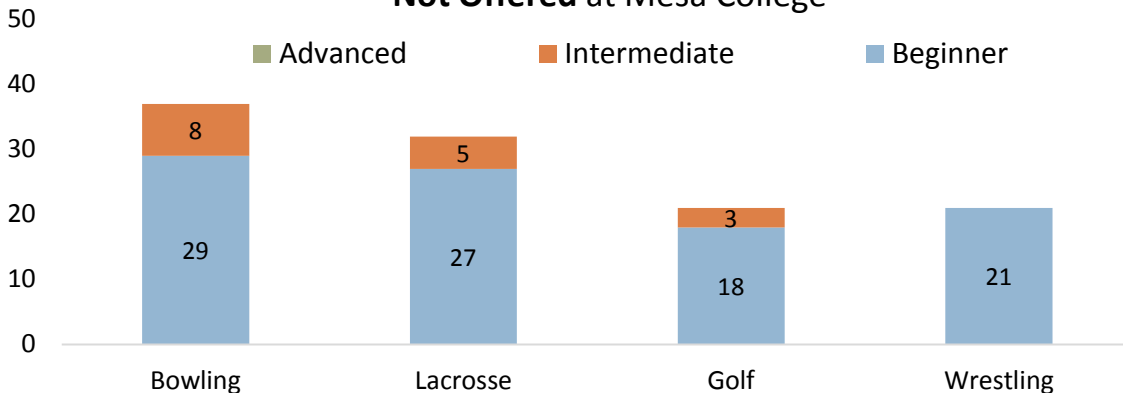
When female students indicated that they would be interested in competing in a sport, they most commonly expressed interest in volleyball (n=64). The sports not currently offered at Mesa College for which the most respondents expressed interest were bowling (n=37) and lacrosse (n=32).

Respondents were also asked to estimate their level of skill in the sport for which they expressed interest; respondents most often indicated they were beginners.

Female Respondents' Expressed Interest in Intercollegiate Sports Offered at Mesa College



Female Respondents' Expressed Interest in Intercollegiate Sports Not Offered at Mesa College

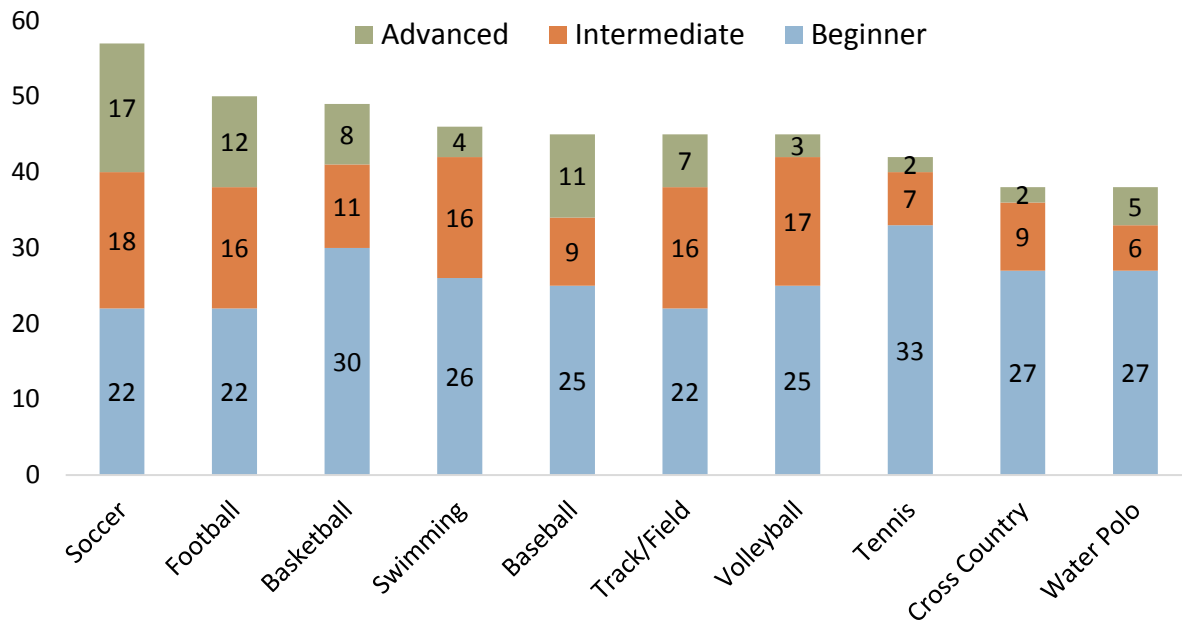


**Male Students' Responses**

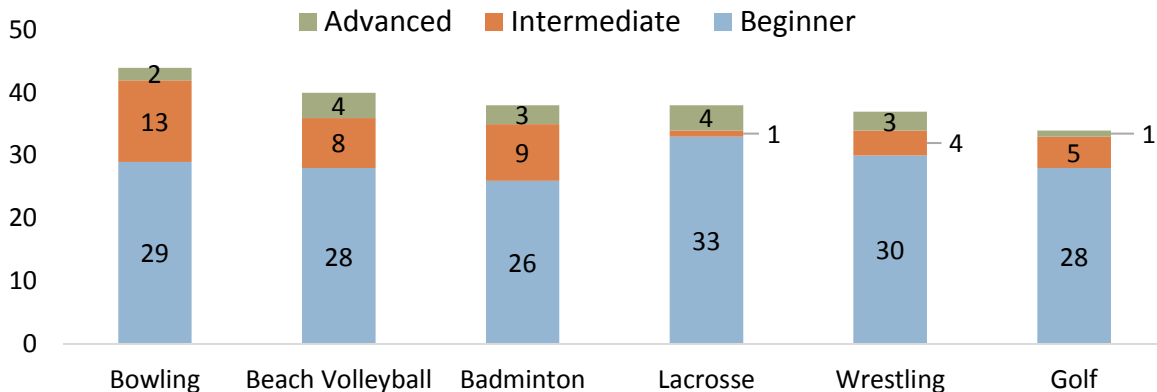
When male students indicated that they would be interested in competing in a sport, they most commonly expressed interest in soccer (n=57), football (n=50), and basketball (n=49). The sports not currently offered at Mesa College for which the most respondents expressed interest were bowling (n=44), beach volleyball (n=40), and badminton (n=38).

Respondents were also asked to estimate their level of skill in the sport for which they expressed interest; for sports not already offered at Mesa, respondents most often indicated they were beginners. There were 10 or more respondents who indicated they were of intermediate or advanced skill levels in bowling, beach volleyball, badminton, and water polo (15, 12, 12, and 11 students, respectively).

Male Respondents' Expressed Interest in Intercollegiate Sports Offered at Mesa College



Male Respondents' Expressed Interest in Intercollegiate Sports **Not Offered** at Mesa College



## Reasons Students Don't Participate in Intercollegiate Sports

Survey recipients were asked to respond to the following question:

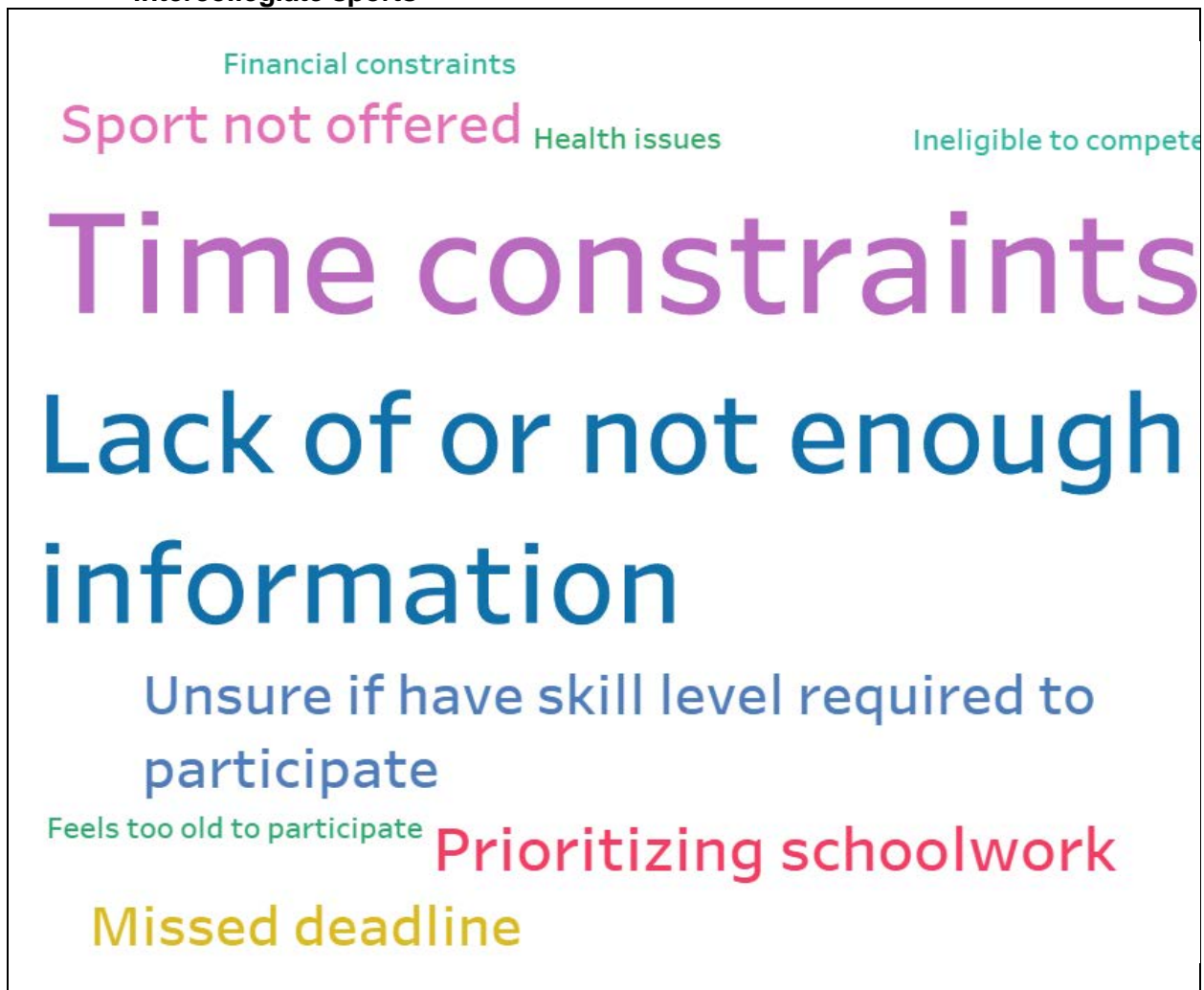
"If at any time while at the college you were interested in competing in an intercollegiate sport but did not, please explain why you did not participate."

The responses were coded by a researcher. Each response was assigned a single code.

### Female Students' Responses

The top reason that female respondents gave for not participating in an intercollegiate sport, despite an interest in doing so, was time constraints (n=29). The second top reason female respondents cited was that they lacked information about the sports available and how to participate in them (n=18). One student shared, "I was unsure where to look or who to reach out to."

Figure 1. Categories of reasons female respondents provided for not participating in intercollegiate sports



Note: Higher frequency of category is indicated by larger text size.



### Male Students' Responses

Male respondents gave very similar responses to female respondents. Time constraints (n=19) and lack of information about how to participate in sports or where to find information (n=12) were the top two cited reasons.

Figure 2. Categories of reasons male respondents provided for not participating in intercollegiate sports



Note: Higher frequency of category is indicated by larger text size.

### Recommendations Based on Qualitative Data

The responses to this survey item provide support for three recommendations for Mesa College:

1. Increase outreach regarding the sports available on campus.
2. Help students understand the steps needed to become involved in sports.
3. Provide more opportunities and encouragement for students of all skill levels and levels of familiarity to get involved with sports on campus.